

# Black Country Virtual Education Programme

## 7<sup>th</sup> June 2021

Black Country School Games and  
National School Sport Week



# Housekeeping

- Please keep your microphone on mute throughout the session, unless you are asked otherwise by the host.
- This session will be recorded to enable people who couldn't attend to watch at a later date.
- The chat feature is turned on and will be monitored by the ABC team.
- If we don't get round to answering all your questions today, you will receive a response to your question via email following the event.

# Overview of Session

- Review of the year
- Inspire, Engage, Compete (Breakout 1)
- National School Sport Week
- 2021/22 proposed programme (Breakout 2)



SCHOOL  
GAMES

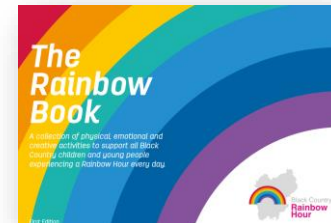
# Review of the Year

## Virtual Competitions

- 8 Black Country wide Virtual competitions across all 4 SGO areas in Autumn and Spring term
- Over 10,000 entries
- An average of 48 different schools taking part

## Rainbow Hour

- 13 Rainbow books launched with over 300 different activities across 7 strands
- Schools pledged: 166
- 41,000 children accessing a Rainbow Hour



# Black Country School Games

Proposed Programme:

All events running across the Black Country would fall under one of three categories

- 1) Inspire
- 2) Engage
- 3) Compete

## INSPIRE

These events are non-competitive and target pupils who would benefit from being more physically active, particularly those whose physical activity levels have been most negatively impacted by COVID-19, are underrepresented or face limited opportunities to access being active.

## ENGAGE

These events are for pupils who enjoy friendly competition but don't want to focus on winning and losing, instead they will focus on supporting, learning and **developing new skills**, participation and experiencing new sports and activities. This could be tailored to regional and national events or themes such as the Commonwealth Games/Olympics/Paralympics

## COMPETE

These events are for pupils who are competitive in nature and enjoy performing and competing against others. These would follow a similar approach and format to previous events held in the Black Country School Games and may follow either a traditional local/regional pathway or lead into a NGB pathway.

# Breakout 1

From the proposed three categories of competition please consider the following.

- 1) Are the formats (Inspire, Engage, Compete) clear?
- 2) Will these formats mean more pupils have chance to participate?

**YOUTH SPORT TRUST**

**NATIONAL SCHOOL SPORT WEEK 2021**

Together Again

19-25 June

Register now

#NSSW2021

**National School Sport Week 2021**

**Challenge 100**

*Inspired by Captain Tom!*

As part of NSSW2021 we are asking you to be as **determined** as Captain Tom and challenge yourself to **do at least 100 of something active**.

Take a look at the sections below and see how many you feel you could attempt. *Good Luck!*

<b>100 minutes</b>	<b>100 seconds</b>	<b>100 repetitions</b>
Throughout the week could you complete <b>100 minutes</b> of a new activity? - Dedicate 20 minutes a day to learning a new skill or practising something you may want to get better at. - By the end of the week can you see how much you have improved at this skill?	Time yourself to try and complete <b>100 seconds</b> of a physical activity, ideas could include: - Speed Bounces without skipping - Holding the Plank - Keep Ups without dropping the ball - Skipping	Challenge yourself to complete <b>100</b> of something without stopping, keep practising to get a better score until you reach 100: - Star Jumps - Keep Ups - Speed Bounce - An Exercise - Sit Ups - Push Ups - Squats

**Twitter:**  
@SGOWolverhampton  
#NSSW2021

For more information on this and other activities set by the Black Country SGO's visit:  
[www.activeblackcountry.co.uk/what-we-do/education/school-games/](http://www.activeblackcountry.co.uk/what-we-do/education/school-games/)

## The Week's Activities

**Monday 21<sup>st</sup> June - Joyful Day**

**Tuesday 22<sup>nd</sup> June - Team Building**

**Wednesday 23<sup>rd</sup> June - Creative**

**Thursday 24<sup>th</sup> June - New Games Day**

**Friday 25<sup>th</sup> June - Children's choice or Golden Hour**

**Twitter:**  
@bcbeactive  
#NSSW2021

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## A Week of Different Activities

**Danish Long Ball**

**Stoolball**

**The Haka**

**Cheerleading**

**Ultimate Frisbee**

**Different approaches**

**Panna Football**

**Tapu Ae**

**Tchoukball**

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# Proposed 2021/2022 Programme

3 elements outlined in the table below:

EVENT	AUDIENCE	DATE
Partnership Games Festival	Relaunch/celebration of new programme and countdown to Commonwealth Games. (ENGAGE & INSPIRE events)	October 2021
Stand Alone Events	A programme of COMPETE events and some ENGAGE and INSPIRE events where appetite is strong across the Black Country	January – June 2022
Summer Festival	A combination of ENGAGE, INSPIRE and COMPETE events	June 2022

# Stand Alone Events

Sport	Format	Age/target group
Boccia	Compete	Open Mixed
Basketball	Compete	U14, U16
Badminton	Primary Festival – Engage Secondary - Compete	TBC
Volleyball	Sitting Volleyball – Engage Primary – Inspire Secondary - Compete	TBC TBC TBC
Handball	Compete	U13, U15
Sportshall & Quad Kids	Compete	Quad Ages TBC
Tennis	Compete	Y3/4
Netball	Compete	Y5/6, Y7
Gymnastics	Engage	TBC
Dance	Engage	TBC
Cricket	Compete	Y5/6

## Overview of Changes:

### Removing:

Futsal, Table tennis

### Adding:

Cricket and Dance (from summer festival), Primary Badminton and Volleyball festivals and a sitting volleyball event.

Sports/formats for further consideration: Swimming, Athletics Track and Field, Girls Football

# Summer Festival

Sport	Format	Age/target group
C4I Zone and Trail	Engage	Y3/4
Rugby Megafest	Engage	TBC
Tri Golf	Compete	Y3/4
Unified Cricket	Inspire	TBC
Multi Skills	Compete	Y1/2
Sporthall Athletics	Compete	Y5/6
Multi Skills – SEND	Inspire	Y1-4
Rounders	Compete	TBC
Dodgeball	TBC	TBC
Unified Football	Inspire	TBC

## Overview of Changes

### Removing:

1. Triathlon
2. Dance (to Stand alone event)
3. Cricket (to Stand alone event)

Sports/formats for Further Consideration: Dodgeball

## Breakout/ Discussion 2

From the proposed calendar please consider the following.

- 1) Are there any other sports/activities you would like to see added?
- 2) Are there any sports/ activities that you feel should be removed from the calendar? If yes, why?
- 3) Do any of the formats (Inspire, Engage, Compete) need to change?

# Stand Alone Events

Sport	Format	Age/target group
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Handball	Compete	U13, U15
Sportshall	Compete	Quad Ages TBC
Tennis	Compete	Y3/4
Netball	Compete	Y5/6, Y7
Gymnastics	Engage	TBC
Dance	Engage	TBC
Cricket	Compete	Y5/6

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Unified Cricket	Inspire	TBC
Multi Skills	Compete	Y1/2
Sportshall Athletics	Compete	Y5/6
Multi Skills – SEND	Inspire	Y1-4
Rounders	Compete	TBC
Dodgeball	TBC	TBC
Unified Football	Inspire	TBC

Thank you for attending.

All slides and links to all the recordings will be available at [www.activeblackcountry.co.uk](http://www.activeblackcountry.co.uk) shortly.